



Sea Breeze®

Hotel & Apartments

www.seabreeze.com.tr



Turkish Bath & Spa Center Hairdresser

Open 09:00 - 21:00

Free pick-up and return to your accommodation

TURKISH BATH & MASSAGE TREATMENTS

Turkish Bath 25 mins £ 10.00

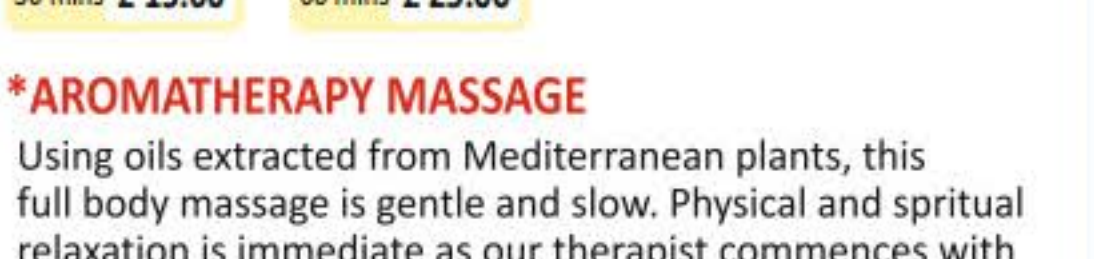
(Sauna, Full Body Scrub, Full Body Soap Massage, Jacuzzi, Shock Shower)

Pasha Breeze 50 mins £ 25.00

(Sauna, Full Body Scrub, Full Body Soap Massage, Jacuzzi, Shock Shower)

THERAPY INCLUDES

- *Classical Massage
- *Relaxation Massage
- *Aromatherapy Massage
- *Sports Massage
- *Medical Massage
- *Reflexology Massage
- *Chocolate Massage
- *Anti-Cellulite Massage
- *Hot Stone Therapy
- *Hot Oil Massage



THERAPY TREATMENTS

*CLASSIC MASSAGE

A deep and sensitive massage that is muscle relaxing and stress alleviating. Light and strong manipulation increases circulation, relaxing right down to the individual cell. A choice of aromatic oils and a full body massage are guaranteed to relieve tension.

30 mins £ 15.00 45 mins £ 20.00 60 mins £ 25.00

*RELAXATION MASSAGE

Relaxing and revitalising techniques make this massage a popular choice. Inner peace is promoted while the tension drains from your entire body. This full body massage leaves a strong sense of wellbeing.

30 mins £ 15.00 60 mins £ 25.00

*AROMATHERAPY MASSAGE

Using oils extracted from Mediterranean plants, this full body massage is gentle and slow. Physical and spiritual relaxation is immediate as our therapist commences with your feet and completes with a scalp and face massage. You may wish to enjoy aromatic ambiance in our couples massage room. To finish we serve our traditional Turkish tea.

60 mins £ 30.00

*SPORTS MASSAGE

A style of massage that is both creative and relaxing. The primary aim is to promote circulation and therefore healing of minor sporting injuries. Muscle, nerve and spinal complaints are treated with ice compression and support bandages. Special sports massage techniques are applied to refresh tired muscles and improve performance.

45 mins £ 25.00 60 mins £ 30.00

THERAPY TREATMENTS

***MEDICAL MASSAGE** 30 mins £ 20.00 45 mins £ 25.00

For the general rehabilitation of a tired body, this is a superficial massage with special oils. (This is not intended as a treatment.)

***REFLEXOLOGY** 50 mins £ 25.00

A concentrated foot massage using a special technique. Massaging of pressure points removes energy blockages and promotes healing. Each organ has a specific pressure point and can be stimulated via massage.

***CHOCOLATE MASSAGE** 45 mins £ 25.00

This sensuous massage appeals to both the body and senses. Chocolate promotes circulation and its antioxidant properties stimulate cell regeneration, toxin excretion, skin firmness and elasticity as well as delaying cellular aging. Senses are calmed by stimulating the sense of smell.

***ANTI-CELLULITE MASSAGE** 45 mins £ 30.00

Intensive massage of the stomach, thighs and legs. Eliminates excess fatty deposits, stimulates circulation, reduces retention and relieves muscular fatigue.

***HOT STONE THERAPY** 60 mins £ 35.00

The hot stones are made of basalt, which is rich in iron, so it can keep heat long. The heat of stone warms muscles, by which it allows therapist to work the muscles without applying deep pressure your muscles. This massage is help full for blood circulation, and also calms the nervous system. It is suitable for people who have muscle tension or tend to feel chilly

***HOT OIL MASSAGE** 50 mins £ 30.00

Experience the benefits of heated plant extract oils and steam. This massage technique is especially beneficial for stress related muscle tension - relief is almost immediate. Recommended for soft tissue problems.

PACKAGE TREATMENTS



Breeze Classic

Turkish Bath
Classic Massage (30 min.)
Face Mask
Foot Care **£ 30.00**

Breeze Special

Turkish Bath
Aromatherapy (45 min.)
Face Mask
Foot Care **£ 40.00**

Breeze Best

Turkish Bath
Relaxation Massage (60 min.)
Face Mask
Foot Care **£ 45.00**

Breeze For Women

Turkish Bath
Classic Oil Massage
Manicure
Face mask **£ 40.00**

Breeze For Men

Turkish Bath
Classic Oil Massage (30 min.)
Shave & Steam
Foot Care **£ 40.00**



FACE & BODY CARE



Mini Facial £ 15.00

Cleanse, Peeling, Steam, Face mask, Moisturize, Massage (40 min.)

Specialist Facial £ 20.00

Cleanse, Exfoliate, Steam, Deep Pore Cleanse, Tonic, Face Mask, Moisturize, Massage (50-60 min)

FACIAL TREATMENTS

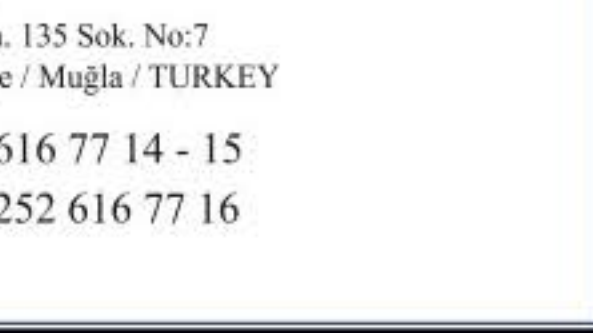
A facial cleans, exfoliates and nourishes the skin to promote clear, well hydrated skin. A facial is the second most popular spa treatment after massage. It is sometimes called a "deep-cleansing facial" or "deep-pore cleansing" facial because of extractions.

MAKE UP

Evening £ 15.00
Light £ 15.00
Eyebrow Tint £ 5.00
Eyelash Tint £ 8.00

WAXING

Full £ 30.00 (legs, bikini, underarm & top lip)
Full Leg £ 15.00
Half Leg £ 7.00
Bikini £ 8.00
Leg Shave £ 4.00
Top Lip £ 4.00
Underarm £ 5.00



HAIRDRESSER

BARBER

Cut & Wash £ 10.00
Shave & Steam £ 6.00
Face Mask (20min) £ 6.00
Hair Design £ 12.00

